



# **Woodlands Ring Primary School**

## **P4 Parents' Engagement Session**

### **Sharing by Year Head**

# Year Head's Time

## Overview:

- Understanding your child
- Preparation for End-of-Year SBB
- Home-school Partnership



# Growth and Development at P4

- **Physical changes**
- **Emotional changes**
  - 1. Self identity and self awareness**
    - finding own uniqueness and strengthening character
    - gaining independence gradually
  - 2. Belonging and acceptance**
    - exploring social circles and support system
  - 3. Strengths and weaknesses**
    - building confidence and resilience
    - portfolio building

# Challenges faced at P4

## 1. Relationship building among peers

- Misunderstanding due to poor communication skills
- Anger management issues that resulted in conflicts among peers

## 2. Self management and Time management

- CCA commitment
- After school activities/Enrichment classes
- Screen time

## 3. Stress management

- Expectations of self, parents, teachers
- Peer pressure

# How can we better support?

## 1. Building a trusting relationship by increasing their emotional literacy

- Acknowledge their emotions
- Help them label their emotions
- Validate the emotion and problem solve with them

## 2. Spending Quality time

- Have time together when devices are turned off
- Have one-on-one chats to strengthen relationships. It can just be five minutes before your child goes to bed.

# How can we better support?

3. Set up screen time limits and share consequences of excessive internet use with your child

# Preparation for P4 End-of-Year SBB

- **Term 1, 2, 3 (Review Paper 1, 2, 3)**
  - Topical/ Component
- **End-of-Year Assessment**
  - Full paper with all components
  - Longer hours

# Timeline for P4 End-of-Year SBB

End of Year Assessment in T4W7-8



School recommends a subject combination



Parents complete an option form indicating preferred combination by Result Processing Day



Please tick (✓) one of the options below.

- (a) I have taken note of your recommendation in **Table A below**. I agree with the subject combination offered by the school.

Table A - School's Recommendation		
Subject Combination	Course : _____	
	Standard	Foundation
English Language		
Mathematics		
Mother Tongue Language		
Higher Mother Tongue Language		
Science		

- (b) I wish to opt for a different subject combination for my child/ward. The subject combination I have opted for my child/ward at Primary 5, is indicated in **Table B below**.

Table B - Parent's / Guardian's Option		
	Subject Combination	Tick(✓) One Option Only
4S1HMT	English Language, Mother Tongue Language, Mathematics, Science and Higher Mother Tongue Language	
4S	English Language, Mother Tongue Language, Mathematics and Science	
3S1FMT	English Language, Foundation Mother Tongue Language, Mathematics and Science	
3S1FMA	English Language, Mother Tongue Language, Foundation Mathematics and Science	
2S2FMAFSC	English Language, Mother Tongue Language, Foundation Mathematics and Foundation Science	
2S2FMAFMT	English Language, Foundation Mother Tongue Language, Foundation Mathematics and Science	
4F	Foundation English Language, Foundation Mother Tongue Language, Foundation Mathematics and Foundation Science	



# Positive Parenting Programme (Triple P)



Triple P Seminars 2024		
5 April	The Power of Positive Parenting	7.30 pm - 9.00 pm
19 April	Raising Confident, Competent Children	
26 April	Raising Resilient Children	

## Parenting Survey 2024

<https://go.gov.sg/cc-pns>



# Resources to help/support parents

<https://www.moe.gov.sg/parentkit>



## YOUR CHILD'S EFFORTS MATTER

Regardless of the outcome, take every opportunity to remind them of the importance of discovering themselves, lifelong learning and staying positive.

### Personal growth

Remind your child that good character, values and success in life are not measured through exam results.

### Staying resilient

Share with your child that challenges are part of life and support them by problem solving with them, not for them. Assure them that you are there for them no matter what.

### Lifelong learning

Help your child recognise that education is a lifelong journey. There are many more opportunities to develop their strengths, interests and abilities.

### Every child is unique

Share with them this belief, and that their unique set of strengths, interests and abilities can be developed.

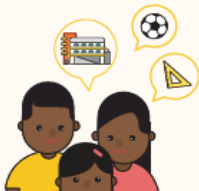


## CHOOSING SUITABLE SECONDARY SCHOOLS

Apart from looking at a secondary school's PSLE Score range, it is also important to consider your child's strengths and interests, and whether the school environment would be a good fit for their overall learning needs.

### STEP 1 Understand your child's preference and discuss key factors in choosing schools

- "How do you feel about going to secondary school?"
- "What is important to you in choosing a school?"
- "What activities do you enjoy? Is there any activity you would like to try in secondary school?"



## PARENT KIT

### Cheering On Our Children: Simple Ways to Show Love

The 5 Love Languages are a great tool for us to express our love to our children. Here are some simple ideas to connect with them.

#### Acts of Service

Show our children with love and care through various actions.

- Complete daily tasks together like packing for school.
- Create a [sleep-friendly environment](#) for our children to [sleep well](#) (approx. 8-10 hours a night).
- Send them off to school.
- Cook/buy their favourite meal or snack.



#### Gifts

Gift our children something meaningful. It's the thought that counts!

- Create a handmade card for them.
- Give them something special from your childhood.
- Surprise them with a healthy snack or inexpensive gift.



#### Quality Time

Spend time with our children doing simple activities together.

- Share about your days together before bedtime or at mealtimes.
- Recharge as a family. Check out [NEAR by NParks](#), [Movies by the Beach](#) or [Outdoor Family Yoga](#).
- Put our screens away and give them our undivided attention.



#### Physical Touch

Reassure and encourage our children through little ways of affection.

- Call for a 'group hug' or 'group photo' at your next family gathering.
- Give them a high-five, a hug, or a pat on the back to affirm them.
- Make up a special handshake with them.



#### Words of Affirmation

Affirm our children with positive and loving guidance.

## PARENT KIT

### Be A Present, Supportive, Loving and Encouraging Parent – A "How-To" Guide

Your child will be taking the Primary School Leaving Examination (PSLE) soon and shortlisting secondary schools for their next phase of education. **Your support means a lot to them.** Be a Present, Supportive, Loving and Encouraging parent, and stand by them during their PSLE journey.

#### 1. Support your child in the lead-up to the examinations

##### Be there to listen, reassure and encourage

- Check in with your child regularly to understand how they are feeling.
  - Offer your help in areas that they need and acknowledge their feelings without judgement.
  - Affirm their efforts at trying, and encourage them to reframe setbacks as opportunities.
- [Click here](#) for further tips on supporting your child during the exam season.

Do you know your [child's love language](#)? Is it words, actions, or simply your company? Learning to speak your child's preferred love language can help you provide the support they need.



Thank you for being our partners in education. Together, let's inspire, support and empower our students to reach greater heights.

thank  
YOU